

OTHER PROGRAMS AND SERVICES AVAILABLE THROUGH SILO

SILO contracts or subcontracts with the following agencies to deliver the following transition or diversion services to assist individuals to leave Long Term Care facilities or remain in the community:

New York State Justice Center for the Protection of People with Special Needs

- TRAIID Grant: Assistive Technology

NYS Department of Health

- Regional Resource and Development Center
- Nursing Home Transition & Diversion Waiver
- Traumatic Brain Injury Waiver

New York Association on Independent Living

- Open Doors Transition Center
- Open Doors Peer Outreach Program
- Olmstead Housing Subsidy Program
- Rapid Transition Housing Program

NYS Office for the Aging

- NY Connects
- SILO's Food Pantry/ personal care closet

NYS ACCES-VR

- Benefit Advisement
- Core Rehabilitation Services
- Peer Integration Program

Education Programs

- School District Personnel & Parent Transition Planning Workshops
- Disability awareness: In-service training, workshops/seminars
- Summer Enrichment Program with Job Coaching Supports

Evaluations/Assessment & Consultant

- Fee for Services
- Eligibility and Application Process for Adult Services - Consultant Service
 - Vineland Adaptive Behavior Scales - 3rd or Adaptive Behavior Assessment Scale (ABAS)
 - The Wechsler Adult Intelligence Scale (WAIS-IV)
 - Autism Specialty Report with the Childhood Autism Rating Scale, 2nd edition (CARS) & Autism Diagnostic Observation Schedule (ADOS)

WWW.SILOINC.ORG



PATHWAY TO WELLNESS
Counseling Center

A division of Self-Initiated Living Options, Inc. (SILO)

SILO **BOARD OF DIRECTORS**

Board Chair
MaryAnn Sciacca

Board Vice Chair
Roger Smith

Members
Sophia Ardi
Lori Connelly
Dawn Cookler
Krista Giannak
Peter Raymond
Barry Rosenthal
Anna Maria Trimboli

Chief Executive Officer
Joseph M. Delgado





WHAT WE OFFER

Individual Therapy - Here at Pathway to Wellness, you have the opportunity to meet with a Mental health professional based on what your needs are. We operate from a trauma informed, culturally sensitive perspective, utilizing the therapeutic tools that best meet your needs. Our focus is on meeting you where you're at and guiding you towards your destination, wherever that may be.

Group Therapy - We will be soon offering group therapy. Group therapy is a wonderful resource to see that we really are not alone in our struggles. It is often a rewarding space to learn from one another. We will be customizing our group schedule to the goals of those who participate in services with the clinic.

Medication Management - Additionally, we have medication management services with a psychiatric provider. Often times, people feel deterred from or ashamed of medication; however, we like to think of it as a tool to help you reach your desired goals. We will evaluate your needs and review your options that best suit you and your lifestyle.



WHO WE ARE

We are a team of caring professionals who are here to join you on your journey.

Our focus revolves around you and your goals.

We look forward to guiding you on your pathway to wellness.



Bilingual therapist available! (Spanish)

CONTACT US :

Phone: 631-569-8960
Fax: 631-569-8961

3245 Route 112
Bldg. 2. Ste. 1
Medford, NY 11763

www.pathwaywellness.org

We accept
Medicaid/Medicare and
other commercial
insurances.
Call to see if we accept
your insurance.



ABOUT SILO

The purpose of the Self-Initiated Living Options, Inc. is to enable people with disabilities on Long Island to gain effective control and direction of their lives.

SILO advocates and promotes a growing sense of personal dignity and responsible community participation through training, community development and direct services responsive to the needs of the people.

Pathway to Wellness intends to fully harness SILO's overall mission and expand opportunities for quality mental health care in the community.

